



**ESSENTIAL
TIPS FOR
EVERY
VISIT**



ESSENTIAL TIPS FOR EVERY VISIT

As home health professionals, our primary focus is providing exceptional care to our patients. However, ensuring our own safety is equally important. This comprehensive guide covers essential safety practices every clinician should follow during home visits.

BEFORE YOU ENTER

Pre-Visit Assessment

- Review any available safety notes from previous visits
- Check neighborhood conditions and parking options
- Ensure your phone is fully charged
- Share your schedule with your supervisor
- Have emergency contacts readily available

Initial Approach

- Park in a well-lit area when possible
- Keep your keys easily accessible
- Trust your instincts - if something feels off, contact your supervisor
- Observe the exterior for any safety concerns

INSIDE THE HOME

Entry and Exit Strategy

- Immediately identify all possible exits
- Make mental notes of the clearest paths to these exits
- When appropriate, keep the main exit door unlocked
- Position yourself with clear access to exits
- Avoid letting anyone block your path to exits

Household Occupants

- Document who is present when you arrive
- Ask about expected visitors during your visit
- Note any concerning behaviors or conditions
- Maintain professional boundaries while staying alert
- Keep your phone accessible but not distracting

Pet Safety

- Request pets be secured in another room
- Even if pets seem friendly, maintain professional distance
- If a pet shows aggression, don't hesitate to reschedule
- Document any pet-related concerns for future visits

ENVIRONMENTAL AWARENESS

General Safety

- Scan rooms for potential hazards
- Notice line-of-sight to exits from your work area
- Be aware of items that could be weapons
- Maintain professional composure while staying alert
- Position your equipment for quick gathering if needed

Specific Concerns

- If you observe weapons, note their location and avoid the area
- Document any safety concerns for future reference
- Report immediate threats to your supervisor
- Know your agency's protocols for dangerous situations

PROFESSIONAL BEST PRACTICES

Communication

- Keep your phone charged and accessible
- Have emergency numbers on speed dial
- Know your agency's emergency protocols
- Maintain regular check-ins with your office
- Report safety concerns promptly

Documentation

- Record safety concerns in patient notes
- Update safety protocols as needed
- Share relevant information with team members
- Keep emergency contact information current
- Document any incidents immediately

Building Confidence

Remember, being safety-conscious doesn't mean being fearful. It means being:

- Prepared
- Professional
- Proactive
- Protected
- Confident

OUR BESTSELLING BACKPACK

I am absolutely in love with this bag—it's hands down the best I've ever owned. As a PT teaching in a PT program, I need a bag that can handle heavy use, and this one fits the bill perfectly.
- Jason

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THE SHOP THERAPISTS
ARE TALKING ABOUT

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10% OFF NOW**

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YES, TAKE ME THERE!